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# **Love In Every Stitch: Stories Of Knitting And Healing**



## Synopsis

In this inspiring audiobook, master knitter, teacher, and widely published knitwear designer Lee Gant shares real-life stories about the power of knitting. As an employee of three different yarn stores, a teacher of countless knitting classes, and a volunteer with at-risk youth, Lee has had the opportunity to gather diverse stories. The stories she shares about herself and fellow knitters from around the world illustrate how each stitch and purl can comfort and calm, heal and renew. A suicidal teenager crochets through pregnancy. A dying woman finds comfort in the company of knitters. A woman finds the courage to face her estranged parents. A woman going blind realizes she can still knit - and experience life. And Lee's life, riddled with more than just anxiety, has at last become stable and productive. This book includes stories of women, men, and teens who have experienced profound change and enlightenment through knitting and crochet.

## Book Information

Audible Audio Edition

Listening Length: 5 hours and 35 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Blackstone Audio, Inc.

Audible.com Release Date: April 14, 2015

Whispersync for Voice: Ready

Language: English

ASIN: B00V8PRWSY

Best Sellers Rank: #48 in Books > Audible Audiobooks > Nonfiction > Lifestyle & Home > Crafts & Hobbies #726 in Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism #1167 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Needlecrafts & Textile Crafts > Knitting

## Customer Reviews

Powerful - I couldn't put this book down. Better than most novels, really. Lee Gant shows that knitting is not just about cute mittens and sweet sweaters-it is good medicine to heal the soul and bring people together. This is a must read for anyone with anxiety, depression or in recovery from a past trauma and (isn't that all of us?)

Where to start?! Lee and I have not seen each other since 1971 when we graduated. FB brought us

back in touch with each other. Who knew we had so many similarities in our lives! I love her book. I am so proud of her and her journey! The ability to change the negative in our life and experiences to forgiving, learning, accepting and be happy takes such a strong person! Lee is such a wonderful giving role models to all ages - family, friends, strangers! It's a honor to get to know her all over again! Thanks Lee for being part of your life journey. I will always be here if you need me.

This gem is an intimate journey of healing and of the importance of finding a community. The importance of teaching to all ages with understated grace. She learns to be gentle and she is gentle to the reader. This book would be appreciated more completely as an audiobook. Also, check out her facebook page, which includes pictures.

I wasn't able to put this book down until I had finished reading it. It made me feel happy, sad and hopeful. In today's chaotic world we all need tools to help calm us and knitting seems to have helped all the people in these stories and I can't wait to see how it can help me. It was written so well that I could actually visualize what I was reading. I would recommend it to anyone that is using any other tools for anxiety such as meditation or medication to see if knitting can help them.

This is a get comfy under a blanket and can't put it down til you're done kind of book! Lee's style of writing is smooth and beguiling. Her story is very similar to my own with all the similar demons. But how she turned her life around, the children who she helps, go beyond healing. It is a remarkable story of hurting, healing and loving. Can't wait for the next book!

I could not put this book down. Everything came to a standstill while I read it. It touched me very deeply. I felt as if I was right there with the author in the stories. It has inspired me to give knitting a try again to help me deal with my anxiety and chronic pain. Thank-you Lee Gant for sharing these stories with the world.

This was a truly amazing and inspiring book. I couldn't put it down. It made me feel as if I am not alone. It made me NEED to learn how to knit. I can't wait for you to write more, Lee! So beautifully written, I love your colorful descriptions. This book is a treasure.

Lee has written a most delightful book. It is heartwarming, truthful and life changing. When I finished listening to it I just had to buy three more books to share with friends. Friends who knit and friends

who don't because this book is truly in it with love

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